## **SCHOOL LUNCH MENU** 2020-2021



## 1% White or Fat Free Chocolate Milk or Non-Dairy Milk Water available at all meals



|         |  | Wendy Menus Are Subject To Change   |  |  |   |
|---------|--|---|--|--|---|
| Week of | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
| 8/30    | Hamburger on Wheat Bun<br>French Fries<br>Corn<br>Mixed Greens Salad<br>Applesauce<br>Milk | Fajita Chicken Rice Carrots Mixed Greens Salad Peaches Milk                                       | Pasta with Meat Sauce<br>Broccoli<br>Mixed Greens Salad<br>Mixed Fruit<br>Milk | Grilled Cheese<br>Tomato Soup<br>Mixed Greens Salad<br>Peaches<br>Milk | Egg Salad Sandwich<br>Chicken Noodle Soup &<br>Veggies<br>Mixed Greens Salad<br>Applesauce<br>Milk  |
| 9/6     | No School  | Hamburger on Wheat Bun<br>French Fries<br>Corn<br>Mixed Greens Salad<br>Applesauce<br>Milk        | Macaroni & Cheese<br>Green Beans<br>Mixed Greens Salad<br>Mixed Fruit<br>Milk  | Roast Turkey Mashed Potatoes & Gravy Peas Salad Peaches Milk           | BBQ Pork on Wheat Bun<br>Buttered Noodles<br>Mixed Vegetables<br>Mixed Green Salad<br>Pears<br>Milk |
| 9/13    | Hamburger on Wheat Bun<br>French Fries<br>Corn<br>Mixed Greens Salad<br>Applesauce<br>Milk | Chicken Strips Mashed Potatoes & Gravy Wax & Green Beans Mixed Greens Salad Mandarin Oranges Milk | Pasta with Meat Sauce<br>Broccoli<br>Mixed Greens Salad<br>Mixed Fruit<br>Milk | Grilled Cheese<br>Tomato Soup<br>Mixed Greens Salad<br>Peaches<br>Milk | Sloppy Joes<br>Tator Tots<br>Mixed Vegetables<br>Mixed Greens Salad<br>Applesauce<br>Milk           |
| 9/20    | Hamburger on Wheat Bun<br>French Fries<br>Corn<br>Mixed Greens Salad<br>Applesauce<br>Milk | Fajita Chicken Rice Carrots Mixed Greens Salad Peaches Milk                                       | Macaroni & Cheese<br>Green Beans<br>Mixed Greens Salad<br>Mixed Fruit<br>Milk  | Hamburger Gravy Mashed Potatoes Corn Mixed Greens Salad Pears Milk     | Tuna Sandwich<br>Veggie Soup<br>Mixed Greens Salad<br>Applesauce<br>Milk                            |

Daily Option: Sunflower Butter/Jelly (100% PEANUT FREE) or Cheese Sandwich on Whole Wheat with Milk, Veggies and Fruit of the day

Daily Entrée Options for Students on Gluten Free Diet: Burger (no bun), Cheeseburger (no bun), Chicken, Hard Boiled Eggs. Also served the daily Vegetable, Fruit, & Milk